

10th Annual Conference of Telangana Orthopaedic Surgeons Association

Organised By: Department of Orthopaedics, Nizam's Institute of Medical Sciences, Hyderabad Date: 14th - 16th February 2025 | Venue: HICC Novotel, Hyderabad

Scientific Brochure

President Tosa Message

Dear Colleagues and Esteemed Members,

It is my great pleasure to invite you all to TOSACON 2025, our 10th Annual Conference, scheduled from February 14-16, 2025, at HICC, Novotel in Hyderabad. This 10th annual conference marks a significant milestone in TOSA's journey, and it is truly heartening to witness the growth and unwavering dedication of our orthopaedic community over the years.

Guided by this year's Presidential theme, Progress with Practical Skills and Fortifying the Association, our conference is designed to foster the practical competencies that are pivotal to our field while strengthening the bonds that make our association a strong, supportive, and progressive body. With the theme Learn - Train - Excel, TOSACON 2025 promises to be a unique convergence of learning, training, and excelling, aligning seamlessly with the spirit of professional advancement.

This year's scientific program will dive deep into vital areas like neglected trauma and the full spectrum of orthopaedic subspecialties. We are particularly excited to offer sessions that emphasize personal growth, as we understand the importance of a well-rounded approach to professional success. The organizing team has curated offbeat, engaging sessions aimed at inspiring our younger members, with insights and mentorship from some of the most esteemed experts in the field. A new feature this year is the OASIS Instructional Course Lectures (ICL), providing an opportunity for immersive learning on focused topics that cater to both young and experienced surgeons.

I warmly invite each of you to join us at TOSACON 2025, to participate in large numbers and fortify our association's vision of excellence. Let's come together to share knowledge, build skills, and foster camaraderie.

I look forward to seeing all of you in Hyderabad for what promises to be an unforgettable academic experience!

Warm regards,



Prof. Dr. Y Thimma Reddy
President TOSA



President Elect Tosa Message

Dear Colleagues,

It is my distinct pleasure and honour to invite you all for this year annual conference of our esteemed society - TOSACON 2025. We look forward to intellectual exchange, collaboration, and innovation during the same.

TOSACON is well known for its academic content that caters to the needs of the orthopaedic surgeons and it also highlights the advances in various subspecialities.

This conference is being planned with the aim of fostering a vibrant atmosphere for the exchange of ideas, experiences, and knowledge. We hope to bring together a diverse group of experts, thought leaders, and practitioners who will share their insights and expertise, providing us with a wealth of information to enrich our professional and personal lives.

This conference would serve as a platform for networking and building meaningful connections. It would provide us an opportunity for all of us to engage in thought-provoking discussions, challenge our perspectives, and collaborate on solutions that will shape the future of orthopaedics. The success of this event will depend on your active participation, and I encourage each one of you to register for this event to seize this opportunity to connect with your peers, exchange ideas, and explore potential collaborations.

Excited to meet you all,



Dr. K Ram Kumar Reddy
President Elect TOSA



Secretary Tosa (Message

Message from the Secretary of Telangana Orthopaedic Surgeons Association (TOSA)

Dear Friends & Colleagues,

It is with great enthusiasm that I welcome you to TOSACON 2025, our landmark 10th Annual Conference, taking place from February 14-16, 2025, at HICC, Novotel, Hyderabad. This annual event has become a symbol of TOSA's commitment to advancing orthopaedic knowledge and fostering collaboration among professionals across the state.

This year, Team TOSACON is dedicated to delivering an exceptional and vibrant experience for all delegates. Every effort is being made to create an enriching, dynamic conference that not only provides cutting-edge scientific insights but also fosters a strong sense of community among us. With the theme of the conference "Learn - Train – Excel", the conference builds on the Presidential vision of Progress with Practical Skills and Fortifying the Association, aiming to support both professional and personal growth.

The CME program on Neglected Trauma is a special highlight, carefully chosen for its relevance and significance in orthopaedic practice in our region. Combined with the crafted subspeciality workshops, this program will offer focused learning opportunities that promise to enhance the skills and knowledge of all attendees.

On behalf of TOSA, I invite each of you to join us in large numbers, participate actively, and contribute to the grand success of TOSACON 2025. This is our collective event, and with every one of us involving, we can make it truly remarkable. For those who are not yet registered, this is a wonderful opportunity to be a part of this academic extravaganza. I am confident that with this TOSACON 2025, TOSA is setting new milestones and establishing high standards for academic events in orthopaedics.

Let's come together to make TOSACON 2025 an unforgettable celebration of learning, camaraderie, and achievement.

Looking forward to seeing you all there!



Dr. Srinivas KashaSecretary - TOSA



Organising Chairman Message

Message from the Organizing Chairman, TOSACON 2025

Respected teachers,

Dear Colleagues, Friends, and Esteemed Members of the Orthopaedic Community,

It is with immense excitement and anticipation that we invite each one of you to join us at TOSACON 2025, the 10th Annual Conference of the Telangana Orthopaedic Surgeons Association (TOSA), scheduled from February 14-16, 2025, at the prestigious HICC, Novotel, Hyderabad.

We are planning TOSACON 2025 on the theme of "Learn - Train - Excel", promising an enriched academic experience and aim to bring together brilliant minds across all orthopaedic subspecialties on one platform. Our program includes comprehensive sessions on Neglected Trauma and all speciality branches, designed to offer deeper, hands-on insights into essential skills for orthopaedic surgeons.

Our Organizing Team is leaving no stone unturned in crafting a memorable and impactful event that blends scientific rigor with vibrant interactions, creating an ideal space for learning, mentorship, and networking. We are committed to ensuring that each delegate enjoys an inspiring experience, enriched with both professional and personal growth.

I warmly invite you to be a part of TOSACON 2025 and contribute to the success of this grand event. Join us in Hyderabad, participate actively, and let's together set new standards in orthopaedic excellence.

Looking forward to welcome you all!



Dr. P. Chandrasekhar Organising Chairman



TOSACON 2025 (Prganising Secretary Message)

Dear Distinguished Colleagues and Honored Guests, Greetings from TOSACON 2025!

It is my privilege to extend a warm welcome to TOSACON 2025, the 10th Annual Conference of the Telangana Orthopaedic Surgeons Association (TOSA), held from February 14-16, 2025, at the esteemed HICC, Novotel, Hyderabad.

As Organizing Secretary of TOSACON 2025, I am delighted to witness the convergence of renowned professionals, researchers, and healthcare luminaries gathered to share expertise, explore innovations, and advance Orthopaedic science. This prestigious conference promises to be a seminal platform for intellectual exchange, featuring a comprehensive program of sessions, keynote addresses, and workshops carefully crafted to inspire and educate all. Together, we will delve into the latest advancements in research, technology, and patient care, and engage in meaningful discussions on the challenges shaping the future of Orthopaedics. In this regard, sessions like "Chai pe Charcha", Innovations capturing the art of Orthopaedics will prove to be fruitful on one to one basis. The sessions like Financial Orthopaedics, Reset and Recharge are purely crafted for healthy and wealthy orthopedic fraternity. Our commitment is to foster an environment conducive to learning, collaboration, and networking, ensuring that each participant departs with valuable insights and connections to enhance their professional pursuits.

I extend my sincere gratitude for your participation and look forward to a productive and enriching experience for all.

Sincerely,



Dr. Raju lyengar
Organising Secretary



Organising Co-Chairman Message

Dear Friends and Colleagues,

On behalf of the organising committee, it is my pleasure to invite each of you to TOSACON 2025, a landmark gathering for the orthopaedic community. This time, we will convene from February 14th to 16th, 2025, under the inspiring theme "Learn-Train- Excel."

TOSACON 2025 promises a unique blend of educational opportunities, professional networking, and cutting-edge insights tailored to enhance every aspect of orthopaedic practice. From specialized sessions on neglected trauma to groundbreaking orations by distinguished experts, each component of the event is crafted to inspire, educate, and elevate.

In addition to our scientific program, we are introducing many new sessions this time innovatively to engage everyone in a useful way for their day to day practise. We encourage you to actively participate by presenting your research and innovations, which are invaluable to the collective growth of our field.

Please mark your calendars and make plans to join us. Together, let's make TOSACON 2025 a memorable experience filled with knowledge-sharing, collaboration, and excellence.

We look forward to welcoming you to an event that celebrates our shared commitment to advancing orthopaedics.

Warm regards,



Dr. C. Nagesh
Organising Co-Chairman



Scientific Chairman (Message

Dear all,

It is with great enthusiasm that I invite you to join us at TOSACON 2025 scheduled to take place from February 14th to 16th, 2025. This year's Prof Ranga Reddy memorial CME is planned with the theme of "Neglected Trauma: Clinical Perspective," and we are promising an engaging and diverse learning experience that caters to the professional growth of every attendee, from trainees to seasoned surgeons.

We encourage you to actively participate by submitting your work for presentation, including free papers, posters, and gold medal papers. This year, we are excited to introduce "Best Free Paper Awards" across all categories, allowing us to recognize outstanding contributions in every field of orthopaedics.

The program includes sessions on upper and lower extremity trauma, paediatric injuries, and pelvi-acetabular trauma, arthroplasty, arthroscopy, orthobiologics, ortho oncology and spine along with orations by renowned seniors. We are also planning sessions , like "C Square: Controversies & Consensus" and "Robo TED X" sessions that offer unique insights and innovations in orthopaedics. Additionally, we are also planning "Young Surgeons Forum" and "Chai pe Charcha with Masters" sessions to provide unparalleled networking and mentorship opportunities. We are also Planning a unique session on Technique, Tips and Tricks of common orthopaedic procedures delivered by experts in the field. Certain off beat sessions on personal growth and financial growth are also planned.

Join us to "Learn, Train, and Excel" with TOSACON 2025. Your active participation will make this event richer, and we look forward to your presence and contributions!

Warm regards,



Dr. Asif Hussain Chairman Scientific Committee



Executive Committee

TOSA OFFICE BEARERS



Dr. Y. Timma ReddyPresident



Dr. K Ram Kumar Reddy President Elect



Dr. B. Vijay Bhaskar Immediate Past President



Dr. Srinivas Kasha Secretary



Dr. K. Ramesh Treasurer



Dr. B. Raja RameshJoint Secretary

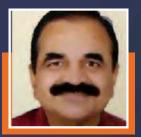
TOSA Past Presidents



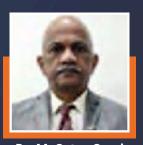
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Dr. Hari Prasad Rao



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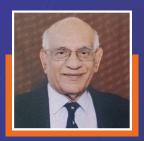
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Dr. Sunil Apsingi



Dr. Srinivas Kasha



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Dr. Uday Krishna Myneni Dr. Maheshwar Lakkireddy



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Dr. Sujith



Dr. Santoshini Nemuri



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Dr. Godha Sri



Dr. Divya Bandari



Proceedings of TOSACON 2023



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Dr. T. Dasarath Ram Reddy



Dr. Krishna Reddy



Dr. Raja Ramesh

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Dr. P. A. Shravan Kumar



Dr. V. K. V. Prasad



Dr. Krishna Subramanyam



Dr. Suhas Masilamani

Post Graduate Quiz Members



Dr. Shashikanth



Dr. Pankaj Kabra



Dr. Akasha Sinha



Dr. Gopi Krishna



Dr. Sridhar

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Dr. Kirthi Paladugu

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Dr. P. A. Shravan Kumar



Dr. Diwakar



Dr. Srinath Gupta

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Dr. C. Vidya Sagar



Dr. V.Satyanarayana Murthy



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Dr. G. Veera Reddy



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Dr. Bodla Arvind Kumar



Dr. Mithin Achi



Dr. A. H. Ashwin Kumar



Dr. Suresh Cheekatla

Trade Committee



Dr. C. Nagesh



Dr. Raja Ramesh



Dr. Bodla Arvind Kumar



Dr. Neelam V Ramana Reddy



Dr. Satyam Yadav



Dr. Himanshu R. Prasad



Pre-Conference Workshop Details

13th February 2025

SNO:	WORKSHOP	COORDINATOR	HOSPITAL
1	ILIZAROV	DR. V.S.RAVINDRANATH	ESIC MEDICAL COLLEGE & HOSPITAL, SANATHNAGAR
2	PG TEACHING	DR. PL SRINIVAS	OSMANIA MEDICAL COLLEGE , KOTI
3	ARTHROSCOPY KNEE - VR	DR. C. LALITH MOHAN	NIZAM'S INSTITUTE OF MEDICAL SCIENCES, PUNJAGUTTA
4	ARTHROSCOPY HIP - CADAVER	DR. B. VALYA	GANDHI MEDICAL COLLEGE, SECUNDERABAD
5	HIP ARTHROPLASTY	DR. A. ADARSH REDDY	KIMS-SUNSHINE HOSPITALS BEGUMPET
6	KNEE ARTHROPLASTY- BASIC	DR. AKHIL DADI	SRIKARA HOSPITALS
7	KNEE ARTHROPLASTY- ADVANCED	DR. E. KRISHNA KIRAN	MEDICOVER HOSPITALS HITECHCITY
8	BASIC PRINCIPLES OF FRACTURE FIXATION	DR. SRINIVAS KASHA	KIMS HOSPITAL, MINISTER ROAD SECUNDERABAD
9	PELVI ACETABULUM	DR. G. ASHOK RAJU	CITIZENS HOSPITAL, NALLAGANDLA
10	ORTHO BIOLOGICS	DR. KRISHNA SUBRAMANYAM	YASHODHA MALAKPET
11	PEADIATRIC ORTHOPAEICS	DR. ROSHAN JAISWAL	KIMS HOSPITAL, MINISTER ROAD SECUNDERABAD
12	SPINE	DR. M. ABHINANDAN REDDY	ASIAN SPINE CENTRE, JUBILEE HILLS
13	FOOT AND ANKLE	DR. SHASHIKANTH .G	STAR HOSPITAL, NANAKRAMGUDA
14	HAND & WRIST	DR. GOPINATH BHANDRI	APOLLO, JUBILEE HILLS
15	SHOULDER SCOPY	DR. B. NITHIN KUMAR	YASHODA, SECUNDERABAD
16	PROXIMAL FEMUR NAIL AND DISTAL FEMUR PLATING	DR. UDAY KRISHNA MYNENI	YASHODA, SOMAJIGUDA
17	ORTHO ONCOLOGY	DR. RAJEEV REDDY DR. SRINATH GUPTA	APOLLO HOSPITAL, JUBILEE HILLS



Scientific Programme

PROF M RANGA REDDY MEMORIAL CME / CPD

Theme: Neglected Trauma: Management Perspectives

Venue: HICC Novotel, Hyderabad

14th February 2025 Day 1

TIME	HALL A	HALL B	HALL C	HALL D	BOARD ROOM
9:00 - 11:30	Neglected Trauma : Upper Extremity				Private Industry Exhibition
11:30 -12:00	CME - INAUGURATION				
12:00 - 13:00	Neglected Paediatric Trauma				
13:00 - 13:30	LUNCH				
13:30 - 14:30	Neglected Pelvi Acetabular trauma				TOSA EC
14:30 - 17:00	Neglected Trauma : Lower Extremity				MEETING
17:00 - 19:00	Opening of TOSACON 2025				
19:00 - 20:00	Ortho Star Awards : Beyond Bones !!	Industry Session 1	Industry Session 2	Industry Session 3	
20:00	Faculty Dinner at Rock Heights - Shilparamam Hyderabad				



Scientific Programme

Learn-Train-Excel

Venue: HICC Novotel, Hyderabad

15th February 2025 Day 2

TIME	HALL A	HALL B	HALL C	HALL D	BOARD ROOM
08:00 - 09:00	FREE PAPER 1	FREE PAPER 2	FREE PAPER 3	FREE PAPER 4	
09:00 - 10:00	Gold Medal Paper for Post Graduates			Private Industry Exhibition	
10:00 - 11:00	Gold Medal Paper for Consultants				
11:00 - 11: 30	Inauguration of TOSACON 2025				
11:30 - 12:00	Prof. A.S. Rao Memorial Past President Oration: Dr. B. Vijaya Bhaskar				
12:00 - 12:30	Prof. V.S.N.Murthy Memorial Oration : Prof. Dr. S. Rajasekaran : "Managing failures in Profession"				
12:30 - 13:00	Prof. Rangachari Memorial Oration: Prof. Dr. V. S. Ravindranath : "Art of Inspiring minds How to be an ideal Teacher				
13:00 - 13:30	Lunch				
13:30 - 14:30	Ortho Oncology	SPINE	Paediatric Orthopaedics	Pelvi Acetabular Injuries	Chai pe Charcha with Masters (Only for Preregistered Delegates)
14:30-15:30					Detegates)
15:30-16:30	T ³ Technique Tips &			Wrist & Hand	Chai pe Charcha with Masters (Only for Preregistered
16:30-17:30	Tricks		OASIS ICL Super Six		Delegates)
17:30 Onwards	TOSA GBM	Industry Session - 4	Industry Session - 5	POST GRADUATE QUIZ Preliminary Round	

TOSACON 2025 - Banquet Dinner

19:30

Scientific Programme

Learn-Train-Excel

Venue: HICC Novotel, Hyderabad

16th February 2025

Day 3

TIME	HALL A	HALL B	HALL C	HALL D	BOARD ROOM
08:00 - 09:00	FREE PAPER 5	FREE PAPER 6	FREE PAPER 7	FREE PAPER 8	
09:00 - 10:00	Arthroplasty	Arthroscopy	Foot & Ankle	G.R.O.W.T.H. 2025	Chai pe Charcha with
10:00 - 11:00				Young Surgeons Forum	Masters (Only for Preregistered Delegates)
11:00 - 12:00			Conservative treatment - Revisiting the Forgotten art.	Tech Today : Soft Skills & Technology for Orthopods	Chai pe Charcha with
12:00 - 13:00			Reset & Recharge : Harmony Hack for work & Life.	Young Surgeons Forum	Masters (Only for Preregistered Delegates)
		*			
13:00 - 13:30			Lunch		
13:30 - 14:30 13:30 - 14:30	C ² Controversies & Consensus Practices in Orthopaedics: What I Do?	ROBO TED X (Watch the Robo Masters pitching for their Robo)	Sustainable Business : Success Mantra	FREE PAPER 9	
	Consensus Practices in Orthopaedics :	(Watch the Robo Masters pitching for	Sustainable Business : Success	FREE PAPER 9 FREE PAPER 10	Chai pe Charcha with Masters (Only for Preregistered Delegates)
13:30 - 14:30	Consensus Practices in Orthopaedics : What I Do ?	(Watch the Robo Masters pitching for their Robo)	Sustainable Business: Success Mantra Financial Orthopaedics: Sculpting Wealth		Masters (Only for Preregistered
13:30 - 14:30 14:30-15:30	Consensus Practices in Orthopaedics : What I Do ?	(Watch the Robo Masters pitching for their Robo) Ortho Biologics	Sustainable Business: Success Mantra Financial Orthopaedics: Sculpting Wealth Portfolio	FREE PAPER 10	Masters (Only for Preregistered

CONFERENCE KEY DATES

Early Bird Registration	30 August 2024	
Regular Registration	30 November 2024	
Last Date for Abstract Submission	30 November 2024	
Pre-Conference Workshop	13 February 2025	
СМЕ	14 February 2025	
Inaugural Ceremony	14 February 2025	
Banquet Dinner	15 February 2025	
Scientific Program	15-16 February 2025	
Trade & Exhibition	14-16 February 2025	

ABSTRACT THEMES

ARTHROPLASTY	HAND AND WRIST
ARTHROSCOPY	FOOT AND ANKLE
PELVI-ACETABULAR	SPINE
PEDIATRIC ORTHOPAEDICS	ORTHO-ONCOLOGY
UPPER LIMB TRAUMA	INNOVATIONS AND TECHNOLOGY
LOWER LIMB TRAUMA	MISCELLANEOUS

Note:

Last Date for Abstract Submission is 30th November 2024



Click here
to Submit Abstract

Registration Information

Note:

- Registration is complimentary for TOSA Member above 70 years
- · Workshops will be for limited members on first come first serve basis
- This includes Conference & CME
- Delegate kit or Other standard facilities to spot Registrations are subject to availability
- TOSA Membership fee is ₹5000/-
- Associate Membership Fee ₹3500/-
- Please send us the filled registration form captured image along with transaction details to tosacon2025@gmail.com

BANK DETAILS				
Account Name	ACTIVE ASSOCIATION OF ORTHOPAEDIC SURGEONS - NIMS			
Account No	107911010000031			
IFSC Code	UBIN0810797			
Bank Name	UNION BANK OF INDIA			
Branch Name	NIMS Branch			

Contact: Mrs. Laxmi Prabha Mobile No: +91 9052192744

Email ID: tosacon2025@gmail.com



Scan to Register



Venue Information

Hyderabad International Convention Centre (HICC)



Some of the world-class features that HICC offers are:

- State-of-the art IT infrastructure, design, technology, telecommunications and AV equipment
- Pillar less internal hall of net 6480 sq. metres that can hold an 6000-delegate plenary and can be portioned into 6 smaller halls
- A spacious pre-function foyer area
- 37 breakout rooms, including specialized meeting rooms, speaker preparatory room, boardrooms, VIP lounge
- 12.5-metre-high ceiling, roof cat walkers and truss to withhold heavy suspension
- Service pits every 6 metres, with power, water, internet etc.
- In-house 5-star banqueting service
- HICC is connected to Novotel Hyderabad Convention Centre an international business hotel. It has 287 rooms and is equipped with meeting rooms, restaurants, business centre, spa and a health club.

Host City - Hyderabad, Telangana

Welcome to the fastest growing metropolis in India:

Hyderabad is the capital of the Indian state of Telangana and de jure capital of Andhra Pradesh Occupying 650 square kilometres (250 sq mi) along the banks of the Musi River, it has a population of about 6.7 million and a metropolitan population of about 7.75 million, making it the fourth most populous city and sixth most populous urban agglomeration in India. At an average altitude of 542 metres (1,778 ft), much of Hyderabad is situated on hilly terrain around artificial lakes, including Hussain Sagar-predating the city's founding-north of the city centre.

Established in 1591 by Muhammad Quli Qutb Shah, Hyderabad remained under the rule of the Qutb Shahi dynasty for nearly a century before the Mughals captured the region. In 1724, Mughal viceroy Asif Jah I declared his sovereignty and created his own dynasty, known as the Nizams of Hyderabad. The Nizam's dominions became a princely state during the British Raj, and remained so for 150 years, with the city serving as its capital. The city continued as the capital of Hyderabad State after it was brought into the Indian Union in 1948 and became the capital of Andhra Pradesh after the States Reorganisation Act, 1956. Since 1956, Rashtrapati Nilayam in the city has been the winter office of the President of India. In 2014, the newly formed state of Telangana split from Andhra Pradesh and the city became the joint capital of the two states, a transitional arrangement scheduled to end by 2025.

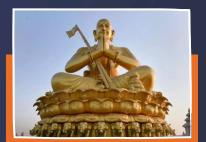
Places to visit In Hyderabad



Shilparamam



Telangana Secretariat



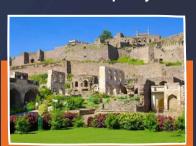
Statue of Equality



Chowmahalla Palace



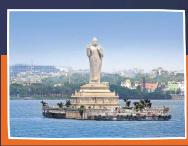
Hyderabad Pearls



Golconda Fort



Cable Bridge



Tank Bund



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Trusted Trade Partners





























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Tapentadol Extended Release 50mg/100mg Tablets

Strong Analgesic... Safe on Long Term







Truly Acid Control



Truly Acid & Dyspepsia Control













TOSACON 2025 HIGHLIGHTS

Financial Orthopaedics

Sculpting Wealth Portfolio Chai pe Charcha with Masters

TOSACON THEATRE

Capturing the Art of Orthopaedics Controversies & Consensus in Orthopaedic practice

OASIS ICL -Super Six

Speciality Sessions

Ortho Star Awards
Beyond Joints &
Bones

TOSACON 2025 HIGHLIGHTS SUB SPECIALITY Workshops

Robo Ted X

Watch the Robo masters pitch for their Robo Techniques, Tips & Tricks

Sustainable Business

Success Mantra

Reset & Recharge

Harmony hack for work & life

Best Free Paper Awards

In Each speciality submission (Apart from TOSA Medal for Consultant and PG) **Best Poster Awards**

In each Poster Submission (Apart from TOSA MEDAL For BEST POSTER)

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